

Boca Ciega High School

Physical Education Class Syllabus

Instructor: Randy Shuman

Basketball

The purpose of this course is to introduce students to the physical, mental, and historical aspects of the game of basketball. Students will be participating in activities directly related to the skills that are required to play the game of basketball. Students will also be involved in historical research of leaders of the game and their personal life stories.

Class Rotation

Although students are enrolled in the basketball course of the physical education department, students will be involved in various activities. Due to sharing of the facility, students may participate in the weight room, outside, or classroom activities throughout the course. Students should not expect to remain in the gym area only. Students may transition from one activity to another during the time allotted for a particular class.

Health Issues

Please tell your instructor if you have certain health issue that may cause a problem during participation. Instructors will check for health concerns but it is good for the student to be proactive in this area and communicate immediately. Students that may need to have inhalers or other forms of medicine must work through the school nurse or school clinic.

Participation

It is the expectation of the district and state leaders that students will be actively engaged in some type of physical activity. The physical education instructors are pleased you have chosen to be a part of our classes. To ensure a safe and fun learning environment we have put the following processes and policies in place. Please observe these at all times to maximize your experience in this class.

- I. **Class Process and Assigned Areas: Following this process will result in maximizing class time and reduce referrals. Not in the assigned area at the correct time will result in a disciplinary referral.**
 - a. Enter class through the south hallway doors and report directly to respective locker rooms
 - b. Dress for participation
 - c. When locker rooms are dismissed go to assigned area for class
 - d. Attendance will be taken at assigned area
 - e. Class will be dismissed to locker rooms for changing back in
 - f. Students will stay in locker room until bell rings then leave back out of the south hallway doors
 - g. **Always be in *your* assigned area**
- II. **Dressing Out: Must be dressed out appropriately to receive full credit for the day. All attire must meet school dress code policy**
 - a. T-Shirt with sleeves
 - i. The following color t-shirts must be worn for each class
 - 1. Brown-Hall – white
 - 2. Shuman – Navy Blue/Black
 - 3. Southern – Gray/White
 - b. Shorts or Sweat pants – shorts and pants must be appropriate length and able to stay on waist without having to hold them up
 - c. Shoes must be tennis shoes and laced up at all times. Any other shoe will **not be** allowed on the gym floor.



- III. Participation: Active participation is required for the entire activity or points will be deducted. There will be no sitting or standing around. If not dressed for activity an alternate assignment will be given such as walking or fitnessgram practice.
 - a. This includes warm-up, activity, and cool-down
 - b. Active participation is participating at a level where you are achieving fitness and contributing to the activity
- IV. Sportsmanship: Students should always show respect and good sportsmanship during activities. Not showing good sportsmanship could deduct from your grade for the day.
- V. Tardy students need a pass to enter and will be given an alternative assignment for the day and will be due by the end of the class period.
- VI. Lockers: Each student should have their own physical education locker.
 - a. Locks must be purchased from instructor for \$4.00. (See Coach Southern)
 - b. Locker will be assigned to you for length of class (sem. or year)
 - c. Do not share lockers!
 - d. Lockers are for physical education purposes only, do not leave your school materials in these lockers as there are no passes to the gym during the school day
- VII. School Policies will be followed at all times. This includes electronics, hats, and dress code. Any violation of these will result in a referral.
 - a. Students cannot bring electronics to the activity. You cannot actively participate with electronics hanging on you or in your pockets.
 - b. Active wear should follow school dress code
- VIII. Food and Drink are not allowed in any area of physical education including the locker rooms.

Grading Procedure

Students will be graded on participation, dressing out, written reports, written test, and classroom activities. All grading will be in accordance with Pinellas County and Boca Ciega High School guidelines. Students will be required to keep all class materials in a binder that will be graded at 15% of their overall grade.
